

YCC1 PROGRAMME OF EVENTS
ST LEONARDS SCHOOL, ST ANDREWS
FRIDAY 23RD-SUNDAY 25TH JULY 2010

All times are start times – Please ensure you are ready 5 minutes early for each activity.
 Please ensure you have the appropriate equipment including drink bottle, stick, shin pads, gum shield, shoes and waterproof.

Meeting Time	Activity	Meeting Location
Friday		
15.00 -16.00hrs	Arrival and Check in	
16.00hrs	Welcome and Introduction	
16.30hrs	Team Building session	Pitch
17.30hrs	Dinner	Dining Hall
19.30hrs	Small Sided Games	Pitch
21.00hrs	Movie Night	Common Room
22.00hrs	Bed Time	
22.30hrs	Lights Out	
Saturday		
8.30hrs	Breakfast	
9.30hrs	Warm Up / Moving with the Ball	Pitch
11.00hrs	Break	
11.15hrs	Warm Up / Moving the Ball, 2v1s & 3v2s	Pitch
13.00 hrs	Lunch	Dining Hall
14.00hrs	Warm up/ Goalscoring	Pitch
15.30hrs	Break	
15.45hrs	Mini Tournament	Pitch
17.15hrs	Free Time	
18.00hrs	Dinner	Dining Hall
20.00hrs	Evening Entertainment	Common Room/Pitch
	1 Hour Outdoor	
	1 Hour Indoor	
	½ Hour Choice	
22.00hrs	Bed Time	
Sunday		
08.30hrs	Breakfast	Dining Hall
09.00hrs	Pack bags and clean rooms	
10.00hrs	Warm Up / Beating an Opponent	Pitch
11.15hrs	Break	
11.30hrs	Warm Up / Defence & 2v1s / Channelling & Tackling	Pitch
13.00 hrs	Lunch	Dining Room
14.00hrs	Tournament	Pitch
16.00hrs	Prize Giving, Evaluations and Depart	